

Exhibit 2 (cont'd): Wellness/Disease Prevention Resources: Diabetes



Diabetes and Chronic Disabling Conditions

RESOURCE LIST

This resource list contains references to Federal, State, and local government agencies as well as private organizations that offer information resources related to the diabetes and chronic disabling conditions objectives of HEALTHY PEOPLE 2000. Because many States have adopted their own year 2000 objectives, you may wish to contact your State health department for additional information.

Diabetes and Chronic Disabling Conditions

LEAD AGENCIES:

Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion
4770 Buford Highway, NE
Atlanta, GA 30333
(770)488-5080

National Institutes of Health
National Institute of Diabetes and Digestive and Kidney Diseases
Building 31, Room 9A21
9000 Rockville Pike
Bethesda, MD 20892
(301)496-3583

YEAR 2000 OBJECTIVES

- Increase years of healthy life
- Reduce disability from chronic conditions
- Preserve independent functioning in older adults
- Reduce activity limitation from asthma
- Reduce activity limitation due to chronic back conditions
- Reduce hearing impairment
- Reduce visual impairment
- Reduce mental retardation
- Reduce diabetes-related deaths
- Reduce diabetes-related complications
- Reduce diabetes incidence/prevalence
- Reduce prevalence of overweight
- Increase moderate physical activity
- Increase patient education
- Improve clinical assessment of childhood development
- Increase early detection of hearing impairments of children
- Improve clinician assessment of independent functioning in older adults
- Increase counseling about estrogen replacement therapy
- Increase employment of people with disabilities
- Improve service systems for children with or at risk of chronic and disabling conditions
- Reduce prevalence of peptic ulcer disease by preventing its recurrence
- Develop and implement a national process to identify gaps in the Nation's disease prevention and health promotion data
- Increase annual dilated eye exam for people with diabetes

Federal and National Information Sources

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

Public Health Service

Centers for Disease Control and Prevention

Public Inquiries

1600 Clifton Road, NE
Mailstop A23
Atlanta, GA 30341-3724
(404)639-3534; (404)639-6290 FAX
Refers inquiries from the public and professionals to the appropriate area at CDC.

National Center for Chronic Disease Prevention and Health Promotion

4770 Buford Highway, NE
Mailstop K13
Atlanta, GA 30341
(770)488-5080; (770)488-5969 FAX
Plans, directs, and coordinates national programs for the prevention of premature mortality, morbidity, and disability due to chronic illnesses and conditions.

Indian Health Service

Communications Office

Parklawn Building, Room 6-35
5600 Fishers Lane
Rockville, MD 20857
(301)443-3593; (301)443-0507 FAX
Provides a comprehensive health services delivery system for American Indians and Alaska Natives with many programs operated by tribal governments. Features many special programs, including nutrition and diabetes.

National Institutes of Health

National Arthritis and Musculoskeletal and Skin Diseases Information

Clearinghouse

P.O. Box AMS
9000 Rockville Pike
Bethesda, MD 20892
(301)495-4484
Provides patient education materials and information related to arthritis, and musculoskeletal and skin diseases. Publications list available.

National Diabetes

Information Clearinghouse

Box NDIC
9000 Rockville Pike
Bethesda, MD 20892
(301)654-3327
Provides patient and professional educational materials on diabetes-related topics. Call for electronic product information.

National Digestive Diseases

Information Clearinghouse

Box NDDIC
9000 Rockville Pike
Bethesda, MD 20892
(301)654-3810
Disseminates information on digestive diseases, including hepatitis. Provides fact sheets and directories of professional and digestive disease organizations. Call for electronic product information.

National Eye Institute

Building 31, Room 6A32
9000 Rockville Pike
Bethesda, MD 20892
(301)496-5248; (301)402-1065 FAX
Supports and conducts research in the prevention, diagnosis, and treatment of eye disorders. Distributes publications.

National Institute of Mental Health

Public Inquiries
5600 Fishers Lane; Room 7C-02
Rockville, MD 20857
(301)443-4513; (301)443-0008 FAX

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HEALTHY PEOPLE 2000 is a national initiative to improve the health of all Americans through prevention. It is driven by 300 specific national objectives targeted for achievement by the year 2000. HEALTHY PEOPLE 2000's overall goals are to: increase the span of healthy life, reduce health disparities among Americans, and achieve access to preventive services.

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National Institute of Mental Health (continued)

Provides research-based information on mental illness and mental health. Responds to information requests from the public and professionals. Publications available, some in Spanish.

National Kidney and Urologic Diseases Information Clearinghouse

Box NKUDIC
Bethesda, MD 20892
(301)654-4415

Provides patient education materials and information. Call for electronic product information.

Office of Minority Health Resource Center

P.O. Box 37337
Washington, DC 20013-7337
(800)444-6472; (301)589-0884 FAX
Responds to inquiries about major health problems among minority populations. Assists in locating materials, programs, and technical assistance through a database.

State and Local Sources

Look in your telephone directory for such listings as:

- State and local chapters of national organizations, such as the American Diabetes Association
- State and local health departments
- Local libraries
- Hospitals and rehabilitation centers
- Community health and mental health centers
- Networks of support and self-help groups
- Consumer and patient advocacy organizations

NATIONAL SOURCES**American Association of Diabetes Educators**

444 North Michigan Avenue, Suite 1240
Chicago, IL 60611
(800)338-3633; (312)644-4411 FAX
Promotes the development of qualified diabetes education for people with diabetes and health professionals.

American Diabetes Association

1660 Duke Street
Alexandria, VA 22314
(800)232-3472; (703)549-1500
Provides information and services for consumers and professionals. Publications catalog available.

American Liver Foundation

1425 Pompton Avenue, Suite 1-3
Cedar Grove, NJ 07009
(800)223-0179
Publishes information about liver disease and assists patients and families.

American Lung Association

1740 Broadway
New York, NY 10019-4374
(212)315-8700; (212)265-5642 FAX
Offers programs about lung disease for adults and children. Provides print and audiovisual materials (some in Spanish) on activities to prevent and control lung hazards and lung diseases, including emphysema, asthma, and tuberculosis.

The Arc (formerly the Association for Retarded Citizens of the United States)

500 East Border Street, Suite 300
Arlington, TX 76010
(817)261-6003; (817)277-0553 TDD
(817)277-3491 FAX
Educates the public about mental retardation and its prevention. Disseminates fact sheets, brochures, and other publications. Provides local information, services, and support. Publications catalog available.

Juvenile Diabetes Foundation

432 Park Avenue South
New York, NY 10016
(800)223-1138; (212)889-7575
(212)725-7259 FAX
Provides counseling to people with diabetes and their families, educates the public, and provides funds for research.

National Center for Youth with Disabilities

University of Minnesota, Box 721
420 Delaware Street, SE
Minneapolis, MN 55455
(800)333-NCYD/6293; (612)626-2825
(612)626-2134 FAX; (612)624-3939 TTY
Focuses on adolescents with chronic illnesses and disabilities and the issues surrounding their transition to adult life. Maintains a database of research, model programs, educational materials, and a technical assistance network. Publishes a newsletter, *Connections*, and *CYDLINE Reviews*, a series of annotated bibliographies. Call for electronic product information.

National Information Center for Children and Youth with Disabilities

P.O. Box 1492
Washington, DC 20013-1492
(202)884-8200; (800)695-0285
(202)884-8441 FAX
Assists parents, educators, caregivers, and advocates in improving the lives of children and youth with disabilities. Provides print materials, referrals and technical assistance. Call for electronic product information.

Federal Data Sources**Centers for Disease Control and Prevention****National Center for Health Statistics**

Healthy People 2000 Staff
6525 Belcrest Road, Room 770
Hyattsville, MD 20782
(301)436-3548

National Center for Environmental Health

4770 Buford Highway, NE
Atlanta, GA 30341-3724
(770)488-7000

National Center for Chronic Disease Prevention and Health Promotion***Indian Health Service*****National Institutes of Health***

*See information source listings

National Mental Health Association

1021 Prince Street
Alexandria, VA 22314-2971
(703)684-7722; (800)969-6642
(703)684-5968 FAX
Develops informational materials, advocates for legislation and funding, and provides materials to local chapters. Provides information and statistics on mental health and illness. Chapters provide information and publications, offer support groups and services, and work with local governments and agencies.

National Osteoporosis Foundation

1150 17th Street, NW, Suite 500
Washington, DC 20036
(800)223-9994; (202)223-2226
(202)223-2237 FAX
Publishes newsletters, pamphlets, and other educational information.

National Rehabilitation Information Center

8455 Colesville Road, Suite 935
Silver Spring, MD 20910
(800)346-2742 V/TDD
(301)587-1967 FAX
(301)589-3563 ABBLE INFORM BBS
Supplies publications and provides custom database searches, information and referrals. Call for electronic product information.

**For General Information on HEALTHY PEOPLE 2000:**

Office of Disease Prevention and Health Promotion,
U.S. Public Health Service, 330 C Street, SW, Room 2132,
Washington, DC 20201; (202)205-8583.

For Healthy People 2000 Publications:

Please write to ODPHP National Health Information Center,
P.O. Box 1133, Washington, DC 20013-1133.

Inclusion in this listing does not imply endorsement by the Public Health Service or the U.S. Department of Health and Human Services.
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Source: U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. *Healthy People 2010*. <http://odphp.osophs.dhhs.gov/pubs/hp2000/prior.htm>

